

Dr. Katariina Travis
Specialist Anaesthetist
BM (hons) FRCA FANZCA
Provider number 4507493X

Qualifications and Training

I qualified as a doctor from Southampton University in the UK in 2004. I gained my specialist qualification in the United Kingdom and Australia. My main area of interest is in orthopaedic anaesthesia. I have also completed an advanced airway management fellowship, and have years of experience in critical care. My public appointment is at Sir Charles Gairdner Hospital.

Your Anaesthetic

I endeavor to ring patients prior to the operation. We will discuss health concerns, medications, allergies and make a plan for your anaesthetic and pain relief afterwards. In orthopaedic surgery, we commonly recommend 'nerve block' techniques in conjunction with sedation or general anaesthesia. I will discuss specific details and risks with you in advance. My plans will always aim to maximise your comfort and safety.

Fasting and Medications

The hospital will contact you the day before the operation to confirm your admission time. It is vital that you stop eating food, drinking milk, eating sweets/chewing gum 6 hours prior. I encourage you to drink 'clear fluids' up until 2 hours prior. This means water, black tea/coffee, cordial, apple juice.

I will advise you which medications to omit on the day of surgery. You should take all other medications with some water.

Blood thinners are a special group of drugs that need to be considered well in advance. If you are on blood thinners, please inform your surgeon and we will make a plan. This does not always mean stopping them.

Fees

Private health funds vary considerably in their remuneration for anaesthesia services.

Please refer to my information sheet from The Joint Studio for a summary of my fee schedule. My accounts manager, Kerry Hobson, is available at info.aam@bigpond.com or 08 95311165 to discuss any fee-related queries.