

**Dr. Katariina Travis**  
Specialist Anaesthetist  
BM (hons) FRCA FANZCA  
Provider number 4507493X

### **Qualifications and Training**

I qualified as a doctor from Southampton University in the UK in 2004. I gained my specialist qualification in the United Kingdom and Australia. My main area of interest is in orthopaedic anaesthesia. I have also completed an advanced airway management fellowship, and have years of experience in critical care. My public appointment is at Sir Charles Gairdner Hospital.

### **Your Anaesthetic**

I endeavor to ring patients prior to the operation. We will discuss health concerns, medications, allergies and make a plan for your anaesthetic and pain relief afterwards. In orthopaedic surgery, we commonly recommend 'nerve block' techniques in conjunction with sedation or general anaesthesia. I will discuss specific details and risks with you in advance. My plans will always aim to maximise your comfort and safety.

### **Fasting and Medications**

The hospital will contact you the day before the operation to confirm your admission time. It is vital that you stop eating food, drinking milk, eating sweets/chewing gum 6 hours prior. I encourage you to drink 'clear fluids' up until 2 hours prior. This means water, black tea/coffee, cordial, apple juice.

I will advise you which medications to omit on the day of surgery. You should take all other medications with some water.

Blood thinners are a special group of drugs that need to be considered well in advance. If you are on blood thinners, please inform your surgeon and we will make a plan. This does not always mean stopping them.

### **Fees**

Private health funds vary considerably in their remuneration for anaesthesia services.

Please refer to my information sheet from The Joint Studio for a summary of my fee schedule. My accounts manager, Kerry Hobson, is available at [info.aam@bigpond.com](mailto:info.aam@bigpond.com) or 08 95311165 to discuss any fee-related queries.