

Dr. Katariina Travis
Specialist Anaesthetist
BM (hons) FRCA FANZCA
Provider number 4507493X

Qualifications and Training

I qualified as a doctor from Southampton University in the UK in 2004. I gained my specialist qualification in the United Kingdom and Australia. My main area of interest is in orthopaedic anaesthesia. I have also completed an advanced airway management fellowship, and have years of experience in critical care. My public appointment is at Sir Charles Gairdner Hospital.

Your Anaesthetic

I endeavor to ring patients prior to the operation. We will discuss health concerns, medications, allergies and make a plan for your anaesthetic and pain relief afterwards. In orthopaedic surgery, we commonly recommend 'nerve block' techniques in conjunction with sedation or general anaesthesia. I will discuss specific details and risks with you in advance. My plans will always aim to maximise your comfort and safety.

Fasting and Medications

The hospital will contact you the day before the operation to confirm your admission time. It is vital that you stop eating food, drinking milk, eating sweets/chewing gum 6 hours prior. I encourage you to drink 'clear fluids' up until 2 hours prior. This means water, black tea/coffee, cordial, apple juice.

I will advise you which medications to omit on the day of surgery. You should take all other medications with some

water.

Blood thinners are a special group of drugs that need to be considered well in advance. If you are on blood thinners, please inform your surgeon and we will make a plan. This does not always mean stopping them.

Fees

Private health funds vary considerably in their remuneration for anaesthesia services. Patients with HBF cover will not incur additional fees.

Patients with most other health funds will end up with an out of pocket expense (gap payment) for my services, depending on the complexity and duration of the procedure. This gap payment is \$100 for smaller, less complex cases (arthroscopies, ACL repair, tibial tubercle transfer), \$200 for a single joint replacement or revision and \$250 for a bilateral joint replacement or revision.

For patients with NIB insurance, international funds and those without any private health insurance, an account will be generated in accordance with a standard fee schedule.

Please contact my accounts manager, Kerry Hobson, at info.aam@bigpond.com or 08 95311165 with any fee-related queries.