

# Dr Katariina Travis

Specialist Anaesthetist  
*BM (hons) FRCA FANZCA*  
Provider number 4507493X

## Qualifications and Training

I qualified as a doctor from Southampton University in the UK in 2004. I gained my specialist qualification in the United Kingdom and Australia. My main area of interest is in orthopaedic anaesthesia. I have also completed an advanced airway management fellowship, and have years of experience in critical care. My public appointment is at Sir Charles Gairdner Hospital.

## Your Anaesthetic

I endeavor to ring patients prior to the operation. We will discuss health concerns, medications, allergies and make a plan for your anaesthetic and pain relief afterwards. In orthopaedic surgery, we commonly recommend 'nerve block' techniques in conjunction with sedation or general anaesthesia. I will discuss specific details and risks with you in advance. My plans will always aim to maximise your comfort and safety.

## Fasting and Medications

The hospital will contact you the day before the operation to confirm your admission time. It is vital that you stop eating food, drinking milk, eating sweets/chewing gum **6 hours prior**. I encourage you to drink 'clear fluids' up until 2 hours prior. This means water, black tea/coffee, cordial, apple juice.

I will advise you which medications to omit on the day of surgery. You should take all other medications with some water.

Blood thinners are a special group of drugs that need to be considered well in advance. If you are on blood thinners, please inform your surgeon and we will make a plan. This does not always mean stopping them.

## Fees

Provided you have private health insurance, there will be no 'gap' payment for my services. Without private health insurance, I will generate an account in accordance with a standard fee schedule.

Please contact my accounts manager, Kerry Hobson, at [info.aam@bigpond.com](mailto:info.aam@bigpond.com) with any fee-related queries. Otherwise, I am contactable on 0414890687 and [katjarvi@gmail.com](mailto:katjarvi@gmail.com)